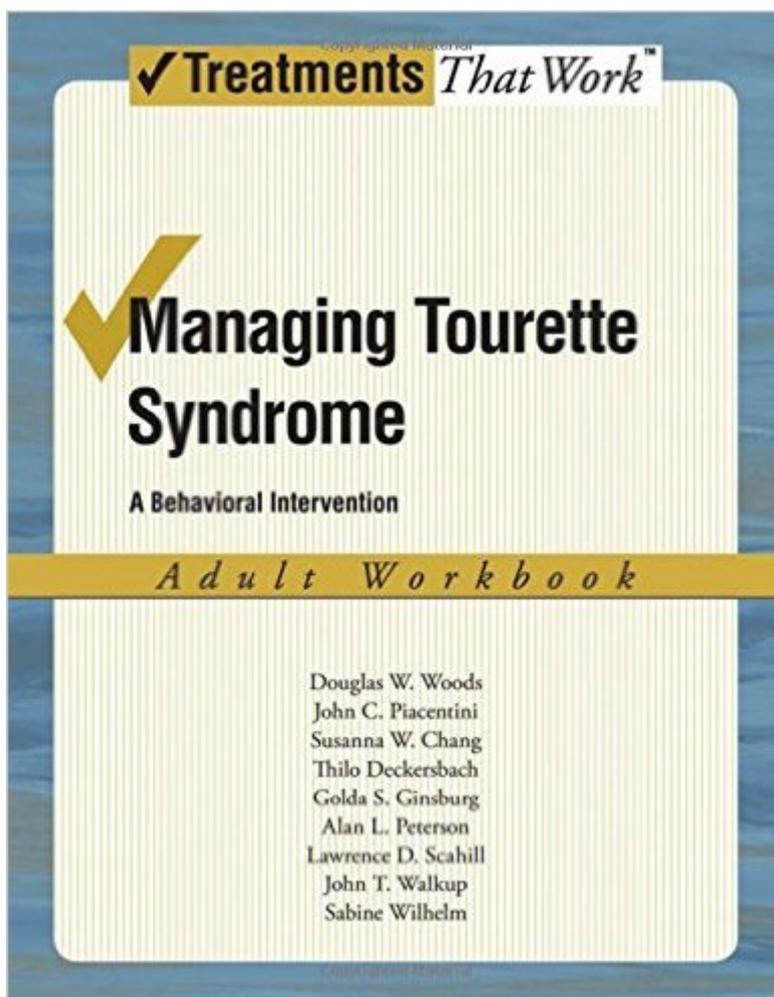


The book was found

Managing Tourette Syndrome: A Behavioral Intervention Adult Workbook (Treatments That Work)



Synopsis

If you suffer from Tourette Syndrome (TS), or any other chronic motor or vocal tic disorder, you know how difficult it can be to manage your symptoms. You may be taking medication or working with a medical doctor to control your tics. If you are seeking an alternative or adjunctive treatment, you may wish to try the scientifically proven behavior therapy program described in this workbook. Behavior therapy can teach you skills for effectively managing your tics. Designed to be used in conjunction with visits to a qualified mental health professional, this workbook outlines an 11-session treatment package for adults and children with tic disorders. Behavior therapy can teach you skills for effectively managing your tics. Designed to be used in conjunction with visits to a qualified mental health professional, this workbook outlines an 11-session treatment package for adults and children with tic disorders. The goal of this program is not to cure your disorder, but to teach you the best ways to manage it so that you can improve your quality of life and look to the future with optimism. Treatments That Work™ represents the gold standard of behavioral healthcare interventions! All programs have been rigorously tested in clinical trials and are backed by years of research. A prestigious scientific advisory board, led by series Editor-In-Chief David H. Barlow, reviews and evaluates each intervention to ensure that it meets the highest standard of evidence so you can be confident that you are using the most effective treatment available to date. Our books are reliable and effective and make it easy for you to provide your clients with the best care available. Our corresponding workbooks contain psychoeducational information, forms and worksheets, and homework assignments to keep clients engaged and motivated. A companion website (www.oup.com/us/ttw) offers downloadable clinical tools and helpful resources. Continuing Education (CE) Credits are now available on select titles in collaboration with PsychoEducational Resources, Inc. (PER)

Book Information

Series: Treatments That Work

Paperback: 80 pages

Publisher: Oxford University Press; 1 Workbook edition (August 20, 2008)

Language: English

ISBN-10: 0195341309

ISBN-13: 978-0195341300

Product Dimensions: 10.7 x 0.3 x 8.2 inches

Shipping Weight: 9.6 ounces (View shipping rates and policies)

Average Customer Review: Be the first to review this item

Best Sellers Rank: #462,442 in Books (See Top 100 in Books) #15 in Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Tourette Syndrome #363 in Books > Textbooks > Social Sciences > Psychology > Neuropsychology #828 in Books > Textbooks > Medicine & Health Sciences > Medicine > General

[Download to continue reading...](#)

Managing Tourette Syndrome: A Behavioral Intervention Adult Workbook (Treatments That Work)
Managing Tourette Syndrome A Behavioral Intervention for Children and Adults Therapist Guide [Treatments That Work] by Woods, Douglas W., Piacentini, John, Chang, Susanna, Deckers [Oxford University Press, USA,2008] [Paperback] Managing Chronic Pain: A Cognitive-Behavioral Therapy Approach: Workbook (Treatments That Work) Could it be You?: Overcoming Dyslexia, Dyspraxia, ADHD, OCD, Tourette's Syndrome, Autism and Asperger's Syndrome in Adults Mastering Your Adult ADHD: A Cognitive-Behavioral Treatment Program: Workbook (Treatments That Work) Low FODMAP: The Low FODMAP Diet Slow Cooker Cookbook (IBS, Irritable Bowel Syndrome, Crock Pot Recipes) (Managing Irritable Bowel Syndrome Cookbooks 2) Managing Chronic Pain: A Cognitive-Behavioral Therapy Approach Therapist Guide (Treatments That Work) Managing Social Anxiety: A Cognitive-Behavioral Therapy Approach (Treatments That Work) Natural Treatments for Tics and Tourette's: A Patient and Family Guide Tics and Tourette's: Breakthrough Discoveries in Natural Treatments Kids in the Syndrome Mix of ADHD, LD, Autism Spectrum, Tourette's, Anxiety, and More!: The one-stop guide for parents, teachers, and other professionals Kids in the Syndrome Mix of ADHD, LD, Asperger's, Tourette's, Bipolar and More!: The One Stop Guide for Parents, Teachers and Other Professionals Why Do You Do That?: A Book About Tourette Syndrome for Children and Young People Tourette's Syndrome "Master Secrets to Stopping Your Child's Vicious Cycle of Facial, Body & Vocal Tics, Naturally Without Any Side Effects!" Front of the Class: How Tourette Syndrome Made Me the Teacher I Never Had Children with Tourette Syndrome: A Parents' Guide An Unlikely Strength: Tourette Syndrome and the Search for Happiness in 60 Voices Busy Body: My Life with Tourette's Syndrome Ticked: A Medical Miracle, a Friendship, and the Weird World of Tourette Syndrome Victory Over Tourette's Syndrome and Tic Disorders

[Dmca](#)